



≡ Summertime ≡ Discipleship Challenge

Prayer

- Read Scripture and journal your thoughts.
- Attend Eucharistic Adoration in our chapel on Fridays (8 AM—4 PM).
- Receive the Sacrament of Reconciliation on Saturday mornings (8:30 AM).
- Pray for Seminarians, Deacons & Vocations to the church.
- Pray for our Priests, Fr. Ed Kornath and Fr. Alex Nwosu.
- Pray with someone who is in need.
- Pray the Rosary.
- Learn a new prayer.
- Offer up Pain, Loneliness or a Suffering.
- Create Your own Magnificat (reference Luke 1:46-55) ... Praising God for the ways you are blessed.

Prayer

Reflection

- Visit the Shrine of Our Lady of Good Help in Champion—the only approved apparition in the United States.
- Visit the Schoenstatt Shrine, Waukesha or in Milwaukee on 68th/Wisconsin Avenue.
- Read a book about a Saint.
- Share thoughts on Sunday's Gospel around the family table.

Reflection

Connect @ Serve

Connect & Serve

- [] Give to a charity of choice.
- [] Donate to our Food Pantry. (*Come to our 11 AM Family Mass and have your kids bring up your donations during the Offertory time to the baskets by the altar.*)
- [] Volunteer service to some organization.
- [] Share your faith story with someone.
- [] Reach out to someone who is homebound.
- [] Invite someone you know to join you at Mass or to return to Mass.
- [] Reach out to someone in the parish who is lonely, grieving or unable to come to Mass.
- [] Write a letter to someone you have not been in touch with.
- [] Volunteer to do something for someone in need.
- [] Take a walk with someone and talk about what it would be like to have Jesus in your midst like the story of Emmaus.
- [] Pay it forward—be creative!

Discipleship



SAINT JOHN VIANNEY
CATHOLIC PARISH & SCHOOL